

WELEDA DIGESTION CALMING DROPS



WELEDA

Traditional Herbal Medicinal Product

Weleda Digestion Calming Drops contains the following ingredients: liquid extracts from Angelica Root, Cinnamon bark, Melissa Leaf, Nutmeg seed.

PATIENT INFORMATION

Read this leaflet carefully before you start taking this medicine because it contains important information for you. Keep this leaflet. You may need to read it again.

Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you.

Keep this leaflet. You may need to read it again.

Ask your pharmacist if you need more information or advice.

If you get any side-effects, talk to your doctor or pharmacist. This includes any possible side-effects not listed in this leaflet. See section 4.

You must talk to a doctor if you do not feel better or if you feel worse after one week.

What is in this leaflet:

1. What this product is and what it is used for
2. What you need to know before taking this product
3. How to take this product
4. Possible side-effects
5. How to store this product
6. Contents of the pack and other information

1. What this product is and what it is used for

Weleda Digestion Calming Drops is a traditional herbal medicinal product used for the symptomatic relief of nausea, stomach ache and upset stomach. Based on traditional use only.

2. What you need to know before taking this product

Do not take Weleda Digestion Calming Drops if you are allergic to any of the ingredients or to Peru balsam (see Section 6), if you are pregnant or breast-feeding, or if you are taking any other medicines known to interact with alcohol e.g. metronidazole.

• Warnings and precautions:

This medicinal product contains 62% v/v of ethanol (alcohol) i.e. up to 485mg per dose (20 drops) before dilution. This is equivalent to 12.2ml of beer or 5ml of wine. This may be harmful for those suffering from alcoholism and should be taken into account in pregnant and breastfeeding women, children and high risk groups such as patients with liver disease and epilepsy.

• Driving and Using Machines

Weleda Digestion Calming Drops may cause drowsiness. If you are affected do not drive or use machinery.

3. How to take this product

Directions: Weleda Digestion Calming Drops are for oral use.

Adults, the elderly and children over 12 years of age:

Unless otherwise directed: 10-20 drops to be taken in a little water every hour as required up to 8 times a day.

Weleda Digestion Calming Drops is not recommended for children under 12 years of age.

DO NOT EXCEED THE STATED DOSE

If the symptoms worsen or persist after one week consult a doctor or qualified healthcare practitioner.

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If you take more Weleda Digestion Calming Drops than you should

If you take too much of this product (overdose) this may result in alcohol intoxication and should be treated accordingly. See Section 2 - Warnings and precautions. Consult your doctor or pharmacist and take this leaflet with you. The amount in a full bottle of Weleda Digestion Calming Drops (12.1g in 25ml and 24.2g in 50ml), is equivalent to 125/250ml of wine or 305/610ml of beer.

If you forget to take Weleda Digestion Calming Drops

If you miss a dose of Weleda Digestion Calming Drops, just take the next dose. If you have any further questions on the use of this product, ask your doctor or pharmacist.

4. Possible side-effects

Weleda Digestion Calming Drops may cause mouth irritation.

Reporting of side-effects: If you get any side-effects, talk to your qualified healthcare practitioner or healthcare professional e.g. a doctor or pharmacist. This includes any possible side-effects not listed in this leaflet. By reporting side-effects you can help provide more information on the safety of this medicine.

Reporting of side-effects in the UK:

You can help to make medicines safer by reporting any side-effects to the Yellow Card Scheme at www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store.

5. How to store this product

- keep out of the sight and reach of children
- do not store above 25°C
- do not use after the expiry date on the carton
- store in the original container
- return any unused medicine to your pharmacist for safe disposal

6. Contents of the pack and other information

What Weleda Digestion Calming Drops contains: Each ml (corresponding to 0.91g) of oral liquid contains 0.37ml of liquid extract from: Angelica root (*Angelica archangelica* L.) (equivalent to 11mg Archangelica root); Cinnamon bark (*Cinnamon zeylanicum* Nees.) (equivalent to 15mg Cinnamon bark); Nutmeg seed (*Myristica fragrans* Houtt.) (equivalent to 22mg Nutmeg seed); Melissa leaf (*Melissa officinalis* L.) (equivalent to 45mg Melissa leaf). Extraction solvent: Ethanol 34% v/v.

Each ml is equivalent to 20 drops.

The other ingredients are: Ethanolic distillate from Coriander and Clove; Lemon oil; Ethanol; Purified Water.

What Weleda Digestion Calming Drops looks like and contents of the pack: Weleda Digestion Calming Drops are clear, colourless oral drops presented in an amber glass bottle. Each bottle contains 25ml or 50ml. Not all pack sizes may be marketed.

THR holder and manufacturer: Weleda (UK) Ltd., Heanor Road, Ilkeston, Derbyshire DE7 8DR, UK.

THR 00298/0289.

Certification Mark



Braille version

To request a copy of this leaflet in Braille or large print, or to listen to an audio version, please call free of charge: 0800 198 5000 (UK only).

Please be ready to give the following information:

Product name: Weleda Digestion Calming Drops.

Reference number THR 00298/0289.

This service is provided by the Royal National Institute for Blind people.