

## What Eno does

Eno provides effective relief from indigestion, flatulence and nausea. Eno contains three active ingredients: sodium bicarbonate, citric acid and anhydrous sodium carbonate which react in a glass of water to produce a formula that neutralises stomach acid, bringing the system back to normal.

## Check before you take Eno

**Do not take Eno:**

- if you have ever had an allergic reaction to sodium bicarbonate, citric acid, or sodium carbonate
- if you are on a controlled sodium diet.  
Each 5 g dose contains 0.85 g of sodium
- if you have any liver or kidney problems
- if you are under 12 years unless your doctor tells you to.

**Talk to your doctor:**

- if your symptoms persist
- if you are pregnant or breast feeding
- if you are taking other medicines.

BN: \_\_\_\_\_

EXP: \_\_\_\_\_

## How to take Eno

Dissolve the powder in a glass of water before taking it.

Adults and children 12 years and over: **Take 5 g (one 5 ml spoonful) in a glass of water. Repeat every 2 to 3 hours if necessary.**

**Do not take more than six doses in 24 hours.**

## Possible side effects

Like all medicines, Eno can have side effects, but not everybody gets them. When used normally, there are no known side effects, however, if you do get any side effects, tell your doctor or pharmacist.

## How to store Eno

Keep out of the reach and sight of children.

Do not use this medicine after the 'EXP' date shown on the pack.

## Further information

**Active ingredient** Each 5 g of Eno powder contains Sodium Bicarbonate 2.32 g, Citric Acid 2.18 g and Anhydrous Sodium Carbonate 0.50 g.  
This pack contains 150 g.

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**150 g**

The marketing authorisation holder is GlaxoSmithKline Consumer Healthcare (UK) Trading Limited, Brentford, TW8 9GS, U.K. and all enquiries should be sent to this address. The manufacturer is SmithKline Beecham SA, 28806 Alcala de Henares, Madrid, Spain. This information was last revised in November 2015.  
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