Benylin MUCUS COUGH MAX

HONEY & LEMON FLAVOUR

100 mg/5 ml Syrup

Guaifenesin

- **Read all of this leaflet carefully because it contains important information for you.**
  This medicine is available without prescription. However, you still need to use it carefully to get the best results from it.
  - Keep this leaflet. You may need to read it again.
  - Ask your pharmacist if you need more information or advice.
  - Contact a doctor if your symptoms worsen or do not improve within one week.
  - If any of the side-effects gets serious, or if you notice any side-effects not listed in this leaflet, please tell your doctor or pharmacist.

In this leaflet:

1. What the medicine is and what it is used for.
2. Before you take this medicine.
3. How to take this medicine.
4. Possible side-effects.
5. How to store this medicine.
6. Further information.

1 What the medicine is and what is it used for

Benylin Mucus Cough Max Honey & Lemon Flavour 100 mg/5ml Syrup is used to help relieve chesty coughs.

It contains:

- guaifenesin (an expectorant) to help loosen mucus (phlegm) from the lungs and make it easier to cough up.

This is a non-drowsy formulation. The medicine is for use in adults and adolescents aged 12 years and over.

2 Before you take this medicine

Do NOT take this medicine if you

- are **allergic** (hypersensitive) to guaifenesin or any of the other ingredients (see Section 6 and Section 2).

Take special care with this medicine

Talk with your doctor or pharmacist before taking this medicine if you:

- have had a **cough** for more than one week or your cough recurs or is accompanied by a **fever**, **rash**, or **persistent headache**.
- have a **persistent cough** that may be caused by **asthma**.
- have a cough which brings up a lot of **mucus** (phlegm).
- suffer from severe **liver** or **kidney problems**.
- are taking **alcohol**.

Taking other medicines

Always tell your doctor or pharmacist if you are taking, or have recently taken, any other medicine, including medicines obtained without a prescription.
It is not recommended that you take this medicine with other cough medicines intended to stop you from coughing (antitussives or cough suppressants) as they may interfere with the action of this medicine.
Some **urine tests** may be affected if taken within 24 hours of taking this medicine. Tell the doctor or nurse taking the urine sample that you are taking this medicine.

Taking with food and drink

You can take this medicine with or without food or drink.

Contains approximately 2 g of sucrose per dose. This should be taken into account in patients with diabetes mellitus.

Pregnancy and breast-feeding

- If you are pregnant or think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine. This medicine is not recommended in pregnancy.
- Do not take this medicine if you are breast-feeding until you speak with a doctor or pharmacist.

Driving and using machines

It is not expected that this product will affect your ability to drive or operate machinery. However, if you do feel unwell, do not drive or use machinery.

Important information on some of the other ingredients in this medicine

Benylin Mucus Cough Max Honey & Lemon Flavour 100 mg/5 ml Syrup contains:

- 4.7 vol % **ethanol** (alcohol), i.e. up to 400 mg per dose, equivalent to approximately 10 ml beer, 4 ml wine per 10 ml dose. This can be harmful for those suffering from alcoholism. The ethanol content should be taken into account in pregnant or breast-feeding women, children and high-risk groups such as patients with liver disease or epilepsy.
- 41.1 mg sodium (main component of cooking/table salt) in each 10 ml dose. This is equivalent to 2.054% of the recommended maximum daily dietary intake of sodium for an adult.
- Approximately 2 g of sucrose and 7 g of glucose in each 10 ml dose. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicine.
  This should be taken into account in patients with diabetes mellitus. Sucrose and glucose may be harmful to the teeth.
- 20 mg of sodium benzoate in each 10 ml dose.
- 57.7 mg propylene glycol in each 10 ml dose.

turn over ▶

3 How to take this medicine

Always take this medicine exactly as described in this leaflet or as your pharmacist has told you. You should check with your doctor or pharmacist if you are not sure.

- This syrup is for oral use only.
- **Do not use more than the stated dose shown.**

Age	Dose
Adults and adolescents of 12 years and over	**Take 10 ml (two 5 ml spoonfuls) four times a day**
Children under 12 years	**Do not give**
Patients with liver or kidney problems	Speak to a doctor or pharmacist

- Do **NOT** take more than 4 doses (40 ml) in 24 hours.
- Contact a doctor if your symptoms worsen or do not improve within one week

If you take too much of this medicine

If anyone has too much, contact a doctor or your nearest Accident and Emergency Department taking this leaflet and pack with you.
If you take too much of this medicine you may develop kidney stones.

Symptoms may include:

- Upset stomach, nausea and drowsiness.

If you forget to take this medicine

You should only take this medicine as required following the dosage instructions carefully. If you forget to take a dose, take the next dose when needed. Do not take a double dose to make up for the forgotten dose. **Do not** take more than 4 doses (40 ml) in 24 hours.

4 Possible side-effects

Like all medicines, Benylin Mucus Cough Max Honey & Lemon Flavour 100 mg/5 ml Syrup can cause side-effects, although not everybody gets them.

If you experience any of the following STOP using the medicine and seek medical help immediately:

- **Allergic reactions** including **skin rashes** (which may be severe and include blistering and peeling of the skin) and **itching**.

Other adverse reactions (or side effects) that may occur include:

- Nausea or vomiting.
- Stomach pain and diarrhoea.

Reporting of side-effects

If you get any side-effects talk to your doctor, pharmacist or nurse. This includes any possible side-effects not listed in this leaflet. You can also report side-effects in the UK directly via the Yellow Card Scheme at www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App.
By reporting side-effects, you can help provide more information on the safety of this medicine.

5 How to store this medicine

- Keep the product out of the sight and reach of children.
- Store in the original bottle in order to protect from light.
- Do not use if bottle seal is broken when purchased.
- Do not use this product after the expiry date on the bottle and outer carton. The expiry date is the last day in the month indicated.
- Use within 6 months of opening.
- Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

6 Further information

What Benylin Mucus Cough Max Honey & Lemon Flavour 100 mg/5 ml Syrup contains:

Active ingredient: Guaifenesin. This product contains 100 mg guaifenesin in each 5 ml.
Other ingredients: Sodium citrate, citric acid monohydrate, carbomer, glycerol, ethanol, glucose, sucrose, sucralose, sodium benzoate (E211), caramel (E150), flavours: honey, lemon, cooling, levomenthol, tingling, hot mix, enhancer and bitterness blocker and water.
(For further information on some of the ingredients see Section 2).

What Benylin Mucus Cough Max Honey & Lemon Flavour 100 mg/5 ml Syrup looks like and contents of the pack

Benylin Mucus Cough Max Honey & Lemon Flavour 100 mg/5 ml Syrup is a yellow brown coloured syrup for oral use only.
It is available in a 150 ml or 300 ml brown glass bottle fitted with a plastic child resistant cap. Not all pack sizes may be marketed.
Please retain the carton.

Marketing authorisation holder: McNeil Products Limited, High Wycombe, HP12 4EG, United Kingdom.

Manufacturer: Delpharm Orleans, 5 avenue de Concyr, Orleans Cedex 2, 45071, France

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